



2020 State Contest

PRACTICAL NURSING

Description

Evaluation of contestant's preparation for employment and professionalism in the field of practical nursing. The contest will assess student's knowledge of basic anatomy, asepsis, patient safety, physical assessment, medication administration, patient education, and vital signs.

Note: Please check the SkillsUSA National website for updated contest information and the SkillsUSA National Technical Standards <http://updates.skillsusa.org>

Clothing Requirements

Class B: Healthcare Attire • Official blue scrubs

- Scrubs should fit appropriately for all health contests and should be properly hemmed and wrinkle-free.
- Only plain, white, collarless T-shirts may be worn underneath the scrubs.
- Hair must be pinned up and off the collar.
- White socks or skin-tone seamless hose
- Health-professionals white or black leather work shoes • Shoes must be all-white or black leather (no canvas), completely enclosed (no open-toe or open-heel). Athletic-style shoes that meet the criteria are acceptable.

[Clothing Classifications](#)

Knowledge Performance

The contest will include a written knowledge test assessing knowledge of medical terminology, body structure and function, nutrition, medications, and nursing care. Practical nursing requires the application of all levels of cognitive ability.

Skills Performance

The contest will assess the fundamentals of the clinical problem-solving process, caring, communications and documentation. All skills demonstrated will be based on nationally accepted accreditation and certification standards. Contestants, as part of the

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demonstration, should voluntarily express pertinent information. Situations or case studies may be presented to test the contestants' ability to make judgment decisions.

Equipment and Materials Supplied by contestants

1. A watch with a second hand
2. A pen with black ink
3. A pencil
4. Stethoscope
5. Scissors for removing bandages
6. CPR mask — no shield
7. CPR card — to be shown to the technical committee chair at orientation
8. Blood pressure unit (Aneroid sphygmomanometer with an adult cuff)
9. Penlight
10. All competitors must create a one-page résumé and submit a hard copy to the technical committee chair at orientation. Failure to do so will result in a 10-point penalty

Equipment and Materials Supplied by SkillsUSA California

1. Timekeeper
2. Table/chair
3. Test packet
4. Supplies/equipment for skills testing

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