



Regional 2020-2021 Contest Catalog

CULINARY ARTS (Virtual)

Contest Description

The purpose of this competition is to evaluate each contestant's preparation for employment in the food service industry and to recognize outstanding students for excellence and professionalism in culinary arts. Open to active SkillsUSA members enrolled in programs with culinary arts or commercial food trades as the occupational objective. Students will be required to complete an online exam and demonstrate a series of knife cuts in a 5 to 7 minute video demonstration.

Regional Competition

Students will complete the exam electronically on **January 30, 2021**. Students should be ready to take the exam at their scheduled time. The schedule and times will be emailed to the advisor/contestants by Friday, December 11, 2020. Changes cannot be made to scheduled time slots. Demonstration videos and resumes must be submitted to SkillsUSA California by **February 6, 2021** (details to follow).

Knowledge Performance

The contest will include a 50 to 100 question written knowledge test that will include topics such as knowledge of standard weights and measures; the ability to convert recipes, yields and portion sizes accurately; science; nutrition basics; environment health standards and practices; bacteria, viruses and food-borne illnesses. The exam may also include general questions related to the SkillsUSA framework.

Skill Performance

Students will be required to submit a 5 to 7 minute video demonstrating a series of knife cuts. Students will be judged on their cutting skills and proper cutting techniques.

Demonstration Video rubric and contest specifications will be posted by the Technical Committee by December 11, 2020.

All SkillsUSA California contest projects are subject to change due to any unforeseen facility, staffing or site-related issues. Please use these materials as a reference to prepare students for the potential contest project. SkillsUSA California regional and state contest projects are developed by state technical committee members to align with the national technical standards.



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Clothing Requirement

Official SkillsUSA Competition Clothing is recommended but NOT required. Clothing must be unbranded with no words, images, or logos. SkillsUSA or SkillsUSA California attire is recommended.

Note: Check the National Contest Guidelines and/or the updates page on the SkillsUSA website and the SkillsUSA California Competitive Events page:

- www.skillsusa.org/compete/updates.shtml
- <https://www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/>
- <https://www.skillsusaca.org/competitive-events-2>

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