



Regional 2020-2021 Contest Catalog

DENTAL ASSISTING (Virtual)

Contest Description

This contest will evaluate each contestant's preparation for employment and to recognize outstanding students for excellence and professionalism in the field of dental assisting.

Resources Utilized for This Competition:

This contest criterion was based on the "Modern Dental Assisting" (MDA) 10th Edition, Bird/Robinson- Textbook and Workbook

Description of Contest:

- Contestants will create a 3-5 minute video demonstrating the proper way to brush one's teeth.
- Contestants will take a 100 point written knowledge Test
- Contestants will submit a resume (following the SkillsUSA contest guidelines to be provided)

Demonstration videos and resumes must be submitted to skillsUSA California by January 30, 2021 (details to follow).

Competitors can use the following to demonstrate during the video:

- Wear any type of scrubs (no school logo), no other PPE required
- Either their own teeth, typodont teeth, plaster models or other types of teeth/mouth
- Toothbrush
- Toothpaste not necessary (unless you want to use for your own mouth)

NOTE: Students cannot use another person in the demo/video

During the video the competitor will (not necessarily in this order):



Describe what the Bass method is



Demonstrate where to begin brushing

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-  Demonstrate how to brush all 4 quadrants both facially, lingually and occlusals
-  Demonstrate the correct angle of the toothbrush
-  Demonstrate what part of the toothbrush is used in each quadrant/section
-  Demonstrate a vibrating/circular motion throughout the entire mouth
-  Describe how often a patient should brush
-  Describe how long a person should brush their teeth
-  Describe the recommended type of toothbrush
-  Describe how often toothbrushes should be changed

[Virtual Brushing Grading Rubric](#)

Written Examination: Students are to study the Chapters listed below from the MDA textbook to prepare for the event.

Students may be tested on their dental knowledge in various areas. Some of those areas may include:

-  *Professional Dental Assistant (Chapter 2)*
-  *Members of the Dental Healthcare Team (Chapter 3)*
-  *Landmarks of the Face and Oral Cavity (Chapter 10)*
-  *Overview of the Dentitions (Chapter 11)*
-  *Tooth Morphology (Chapter 12)*
-  *Preventive Dentistry (Chapter 15)*
-  *Infection Control (Chapter's 19 & 20)*

Resume Requirements:

Each student must submit a Resume using the SkillsUSA resume guidelines (to be *All SkillsUSA California contest projects are subject to change due to any unforeseen facility, staffing, or site-related issues. Please use these materials as a reference to prepare students for the potential contest project. SkillsUSA California regional and state contest projects are developed by state technical committee members to align with the national technical standards.*



provided). ALL resumes will be evaluated and scored as part of the event.

Clothing Requirements:

Students **MUST BE** in professional attire. (***Official SkillsUSA Uniform or Scrubs***). Please refer to rubric for point deduction. See additional expectations below:

-  Hair must be completely pulled back in a pony-tail or bun
-  Clothing cannot indicate which school the student is affiliated with
-  Nails must short, clean and No nail polish or artificial nails
-  Scrubs must be clean and pressed
-  All piercings must be removed
-  Tattoos must be covered

Thank you for participating in this contest and the best of luck to each one of you. Remember, you are already a CHAMPION!

Note: Check the Contest Guidelines and/or the updates page on the SkillsUSA website:
www.skillsusa.org/compete/updates.shtml

<https://www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/>

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